



Dermoscopy versus skin biopsy in diagnosis of suspicious skin lesions

Hassan M. Ibrahim¹, Moustafa A El Taieb², Ahmed RH Ahmed³, Radia Hamada⁴, Essam Nada⁵

¹Department of Dermatology, South Valley University, Egypt, ²Department of Dermatology, Aswan University, Egypt, ³Department of Pathology, Sohag University, Egypt, ⁴Department of Dermatology, Qena General Hospital, Egypt, ⁵Department of Dermatology, Sohag University, Egypt.



INTRODUCTION

Malignant epidermal tumors represent a group of skin cancers arising from surface epidermal cells. They include basal cell carcinoma and squamous cell carcinoma which together represent the main bulk of non-melanoma skin cancers¹. For many years, skin biopsy was considered the only sure diagnostic tool that confirms or excludes the clinical diagnosis. There are many types of skin biopsy including punch biopsy, incisional biopsy and excisional biopsy². All these maneuvers are invasive and have many side effects and precautions, so finding other non invasive diagnostic tool is mandatory. Dermoscopy is a simple and inexpensive diagnostic technique that permits the visualization of morphologic features that are not visible to the naked eye, forming thus the link between macroscopic clinical dermatology and microscopic dermatopathology³.

OBJECTIVES

Assessment of the accuracy of Dermoscopy in diagnosis of epidermal skin tumors & Correlation of dermoscopic diagnosis with clinical and pathological findings.

PATIENTS AND METHODS

Thirty three patients who attended Dermatology Clinic at Qena University Hospital, from January to December 2013 were recruited for this study. A full history taking, Dermatologic, Dermoscopic, and Histopathological examination of skin lesion have been performed for each patients.

RESULTS

Regarding dermoscopic versus clinical diagnosis, there was a correct diagnosis in 24 cases (72.73 %) and incorrect diagnosis in 9 cases (27.27%) (Table 1) & regarding Pathological versus dermoscopic diagnosis, there was a correct diagnosis in 25 cases (75.76 %) and incorrect diagnosis in 8 cases (24.24%) (Table 2). There was an excellent diagnostic reliability of dermoscopy compared to skin biopsy with interrater Kappa value of 0.859 (CI, 0.734-0.984, p<0.001) (tables 3,4) (Figures 1-4).

Table (1): Comparison between dermoscopic diagnosis and clinical diagnosis in patients (n=33) with epidermal skin tumors.

| Dermoscopic diagnosis | Number | Clinical diagnosis | | | | |
|------------------------|--------|----------------------------------|------------------------------------|----------------------------|----------------------------|-------------------------------------|
| | | Correct 1st diagnosis Number (%) | Incorrect 1st diagnosis Number (%) | 1st diagnosis if different | 2nd diagnosis if different | 3rd diagnosis if different |
| BCC | 6 | 5 (83.33%) | 1 (16.67) | S.K | BCC | pigmented skin lesion |
| S.K | 8 | 7 (87.50%) | 1 (12.50) | lentiginous | S.K | No diagnosis |
| compound nevus | 5 | 3 (60.00%) | 2 (40.00) | S.K | compound nevus | No diagnosis |
| dermal nevus | 3 | 1 (33.33%) | 2 (66.67) | compound nevus | compound nevus | No diagnosis |
| becker's nevus | 2 | 2 (100%) | | | | |
| cong.melanocytic nevus | 1 | 1 (100%) | | | | |
| spitz nevus | 1 | 1 (100%) | | | | |
| blue nevus | 1 | 1 (100%) | | | | |
| trichopithelioma | 1 | 1 (100%) | | | | |
| DLE | 1 | 0 | 1 (100%) | eccrinehidrocystoma | Syringocystadenoma | No diagnosis |
| epidermoid cyst | 1 | 0 | 1 (100%) | sebaceous cyst | epidermoid cyst | Inflamed acquired melanocytic nevus |
| Trichofolliculoma | 1 | 1 (100%) | | | | |
| Bowen's disease | 1 | 0 | 1 (100%) | DLE | BCC | Bowen's disease |
| SCC | 1 | 1 (100%) | | | | |
| Total | 33 | 24 (72.73%) | 9 (27.27) | | 5 correct | 1 correct |

Table (2):Comparison between pathological diagnosis and dermoscopic diagnosis in patients (n=33) with epidermal skin tumors.

| Pathological diagnosis | Number | dermoscopic diagnosis | | | | |
|--|--------|----------------------------------|------------------------------------|----------------------------|----------------------------|----------------------------|
| | | Correct 1st diagnosis Number (%) | Incorrect 1st diagnosis Number (%) | 1st diagnosis if different | 2nd diagnosis if different | 3rd diagnosis if different |
| BCC | 4 | 4 (100.00%) | | | | |
| S.K | 8 | 8 (100.00%) | | | | |
| compound nevus | 3 | 3 (100.00%) | | | | |
| dermal nevus | 5 | 3 (60.00%) | 2 (40.00%) | compound nevus | No diagnosis | No diagnosis |
| Becker's nevus | 2 | 2 (100.00%) | | | | |
| spitz nevus | 1 | 1 (100.00%) | | | | |
| epidermoid cyst | 1 | 1 (100.00%) | | | | |
| eccrinehidrocystoma | 1 | 1 (100.00%) | | Trichopithelioma | eccrinehidrocystoma | No diagnosis |
| Trichofolliculoma | 1 | 1 (100.00%) | | | | |
| Amyloidosis | 1 | 1 (100.00%) | | cong.melanocytic nevus | Amyloidosis | No diagnosis |
| Bowen's disease | 1 | 1 (100.00%) | | | | |
| Dermatofibroma | 1 | 1 (100.00%) | | DLE | Dermatofibroma | No diagnosis |
| Granulomatous lesion possibility (granuloma facii) | 1 | 1 (100.00%) | | BCC | No diagnosis | No diagnosis |
| SCC | 1 | 1 (100.00%) | | | | |
| Crushed material (unsatisfactory biopsy) | 2 | 2 (100.00%) | | BCC: blue nevus | No diagnosis | No diagnosis |
| Total | 33 | 25 (75.76%) | 8 (24.24%) | | 3 correct | 0 correct |

Table (4): Agreement between pathological diagnosis and dermoscopic diagnosis in patients (n=33) with epidermal skin tumors.

| Agreement between pathological diagnosis and | Agreement | Expected agreement | Kappa | P value |
|---|-----------|--------------------|-------|---------|
| 1 st possibility of dermoscopic diagnosis | 75.76% | 11.66% | 0.73 | <0.0001 |
| 1 st or 2 nd possibility of dermoscopic diagnosis | 84.85% | 11.94% | 0.83 | <0.0001 |
| 1 st , 2 nd or 3 rd possibility of dermoscopic diagnosis | 84.85% | 11.94% | 0.83 | <0.0001 |

Table (3): Agreement between dermoscopic diagnosis and clinical diagnosis in patients (n=33) with epidermal skin tumors

| Agreement between dermoscopic diagnosis and | Agreement | Expected agreement | Kappa | P value |
|--|-----------|--------------------|-------|---------|
| 1 st possibility of clinical diagnosis | 72.73% | 12.95% | 0.69 | <0.0001 |
| 1 st or 2 nd possibility of clinical diagnosis | 87.88% | 13.77% | 0.86 | <0.0001 |
| 1 st , 2 nd , or 3 rd possibility of clinical diagnosis | 90.91% | 13.77% | 0.89 | <0.0001 |

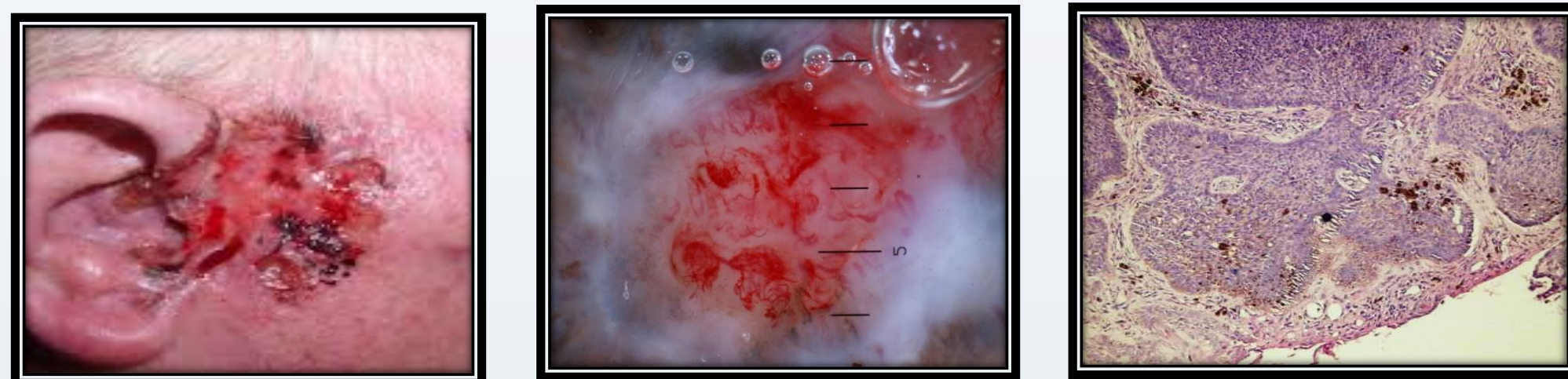


Figure (1): Clinical, dermoscopic and histopathological pictures of Basal cell carcinoma. Dermoscopy shows slate gray areas, arborizing blood vessels and map leaf like structure. Histopathologically, Dermis is infiltrated with sheets of malignant epithelial cells with basaloid features with peripheral palisading, focal pigmentation within and around the tumor sheets.

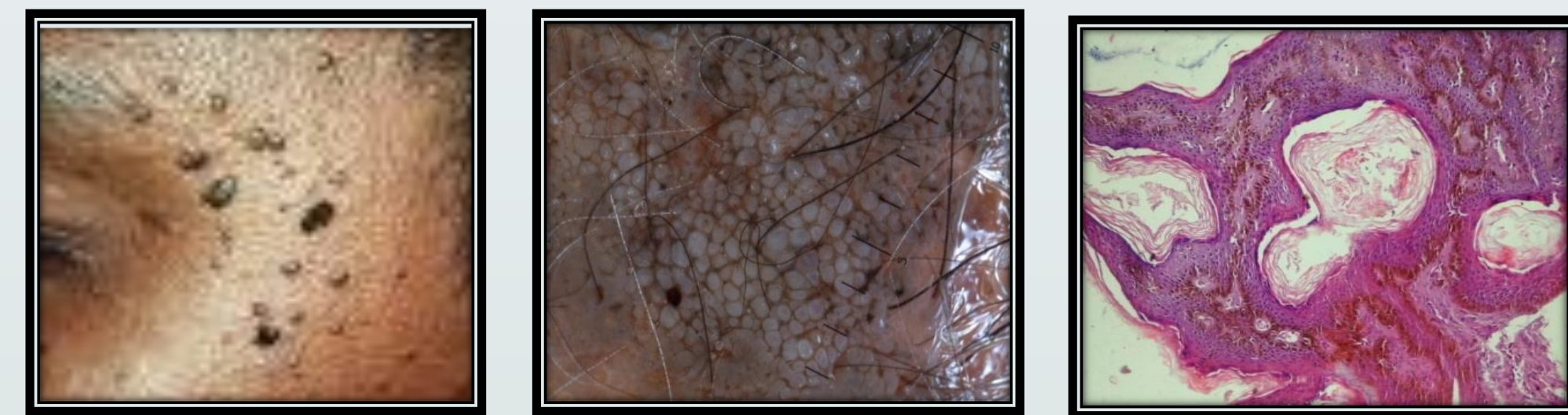
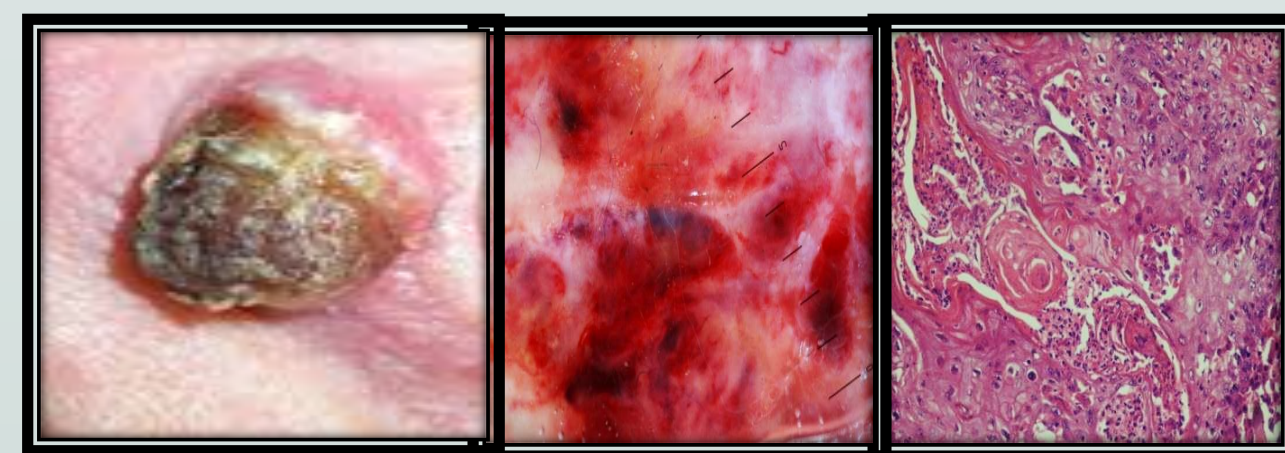


Figure (2): Seborrheic keratosis: clinical, dermoscopic and histopathological pictures. Dermoscopy shows cobble stone appearance and milia like Cysts & Histopathology shows: acanthosis, hyperkeratosis, increase pigmentation at basal layer and numerous keratin horn within the epidermis.



Figure(3): Clinical, dermoscopic and histopathological picture of Squamous cell carcinoma. Dermoscopy shows Structureless white zone around central scale, ulceration, blood spots, irregular rounded blood vessels, blue whitish veil and black dots at periphery of lesion. Histopathology shows Verrucous growth of malignant epithelial cells of squamous origin, mild to moderate atypia, cell nests with central keratinization and tumor tissue infiltrates upper dermis.



Figure (4): Blue Navus clinical and dermoscopic pictures. Dermoscopy shows homogenous steel blue pigmentation, Biopsy was crushed.

CONCLUSION

There was a good agreement between the dermoscopy and clinical diagnosis and also a good agreement between the dermoscopy and pathological diagnosis. So Dermoscopy can be introduced as a routine diagnostic tool in dermatological examination & will be of a great aid and accurate diagnosis of suspicious skin lesions before invasive skin biopsy.

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CONTACT

Moustafa A. El Taieb
Email: moustafa.eltaib@aswu.edu.eg musmus22@yahoo.co.uk
Mail: Department of Dermatology, Venereology and Andrology, Aswan University, Aswan, Egypt.
Phone: 00201143929476